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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 6, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Calcium 600 + Vitamin D and Soy Isoflavones supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin D, Calcium, Soy Isoflavones

- Nutritional support during menopausal years.
- Calcium is the primary mineral responsible for strong bones.
- The body also uses Calcium for proper muscle contraction and nerve function.
- Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy
 lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in
 maintaining optimal bone health.
- This formulation also includes soy isoflavones.
- Calcium and Vitamin D help maintain healthy bones.
- These naturally occurring phytonutrients may also provide nutritional support to women during menopausal years.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely.

Angelica S. Vrablic

Manager, Nutrition Research

ASV/mb

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